



The Jewel

Keeping you in touch with the TGC

March 9th, 2011

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Contact Us

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ADVERTISE WITH
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could be here, or
elsewhere in the
spotlight,
reaching all
members !!



Contact
DON MCMILLAN
For more info!
902-899-0099

Membership Dues

Early DUES Payment Incentive

If your dues are paid in full before **April 1st, 2011** you will receive **3 FREE** green fee passes for the Truro Golf Club, entered into a draw to win Titleist Golf Balls or a new Taylor Made R11 Driver



ACTIVATE DISTANCE >

New Member Incentive IS BACK!!!!

The incentive program encourage new members has been continued this year. Existing members can earn credit on their clubhouse account for referring new members. If a friend or neighbour is considering membership and you, as a member, are pivotal in their decision to join, they need only mention that you are the referring member.

Based on the category of new membership that is referred, your account will be credited. A full or partial membership referral will credit your account \$50.00. A family membership, \$100.00; Husband/Wife membership, \$75.00; Intermediate A, B and Student membership, \$30.00; and Junior membership referral will reward you with a \$20.00 credit.

Only one incentive credit reward will be issued for each new member.

Membership Services

NEW in 2011- Improvements to Club Storage Service

Members of the Truro Golf Club will now have access to a more "user-friendly" and efficient club storage service. Based on feedback from members and staff, we have decided to take a new approach to our offering and refocus our energy to maximize the service and the financial impact to the TGC.

Our goal in 2011 is to embrace a new service commitment of:

- *Commit to every club cleaning with 100 percent dedication*
- *Provide friendly attentive service*

THE FOLLOWING IS A SCHEDULE OF SERVICE LEVELS FOR 2011

Opening Day - May 23rd: Reduced Offerings

- **Club Storage Only** - no cleaning or retrieval the back shop will not be staffed but new security measures will be implemented.

May 23rd - September 26th: Full Service Offerings

- **Club Storage**
- **Club Cleaning**
- **Club Retrieval Service**

September 27th - Closing Day: Reduced Offerings

- **Club Storage Only** - no cleaning or retrieval the back shop will not be staffed but new security measures will be implemented.

MEMBERSHIP SERVICES- Price List

all prices listed are before HST

Full Service ** BEST DEAL ** (storage, cleaning, range, use of push cart) Family \$460.00 Senior \$210.00 Junior \$170.00	
Club Storage Only (storage, cleaning, use of push cart) Family \$275.00 Senior \$100.00 Junior \$90.00	
Range Only (Member) Family \$270.00 Senior \$145.00 Junior \$95.00	
Push Cart Only	\$79.00
Caddy Storage	\$45.00
Locker	\$39.00

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TRX Suspension Training Golf Program

JOIN OUR FACEBOOK GROUP | FORWARD TO A FRIEND

Improve your Golf Game in 6
Weeks!
March 28, 2011 - May 6, 2011

Drive for power with the SHOCK Conditioning TRX Golfer's Workout Program. You'll gain crucial shoulder mobility, build lower-body stability, and tap into your full upper-body power. Develop the stance and swing you need to achieve measurable results in your game, and put some distance between you and your golfing buddies in 6 short weeks.

It's a fact, golfers need a strong core to maintain posture and transmit force into their swing - TRX Suspension Training is "all core, all the time".

WHY TRX Suspension Training for GOLF?

- Develop Strength & Power for a longer drive
- Improve Flexibility & Balance for reduced risk of injury
- Improve Body Awareness
- Develop Functional Core Strength
- Increase Endurance

No matter what your 'handicap', the TRX Suspension Trainer is a lean, mean, golf-tuning machine!

TRX Golf Program Details

6 Week Program
(1 or 2 days/week)



Monday's & Wednesday's at 9:15am

Tuesday's & Friday's at 5:15pm

all sessions are 45mins

\$59 (1 session/week) or **\$89** (2 sessions/week)

10% OFF 1-Hour Massage

REGISTER NOW: SPACE IS LIMITED!

(902) 843-4150

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